#### BEFORE BIRTH

### WHO Safe Childbirth Checklist



On Admission	
Does mother need referral?	Charles on facility to pritaria
$\square$ No $\square$ Yes, organized	Check your facility's criteria
Partograph started?  ☐ No, will start when ≥4cm	Start plotting when cervix ≥4 cm, then cervix should dilate ≥1 cm/hr • Every 30 min: plot HR, contractions, fetal HR
Yes	Every 2 hrs: plot temperature
	• Every 4 hrs: plot BP
Does mother need to start:	Ask for allergies before administration of any medication
Antibiotics?	Give antibiotics to mother if any of:  • Mother's temperature ≥38°C
∐ No	History of foul-smelling vaginal discharge
☐ Yes, given	• Rupture of membranes >18 hrs
Magnesium sulfate and	Give magnesium sulfate to mother if any of:
antihypertensive treatment?	<ul> <li>Diastolic BP ≥110 mmHg and 3+ proteinuria</li> <li>Diastolic BP ≥90 mmHg, 2+ proteinuria,</li> </ul>
□ No     □ Yes, magnesium sulfate given	and any: severe headache, visual disturbance, epigastric pain
☐ Yes, antihypertensive medication given	Give antihypertensive medication to mother if systolic BP >160 mmHg
,	• Goal: keep BP <150/100 mmHg
☐ Confirm supplies are available to clean hands and wear gloves for each vaginal exam.	
☐ Encourage birth companion to be present at birth.	
☐ Confirm that mother or companion will call	Call for help if any of:
for help during labour if needed.	Bleeding
	Severe abdominal pain     Severe headache or visual disturbance
	Unable to urinate
	Urge to push

This checklist is not intended to be comprehensive and should not replace the case notes or partograph. Additions and modifications to fit local practice are encouraged. For more information on recommended use of the checklist, please refer to the "WHO Safe Childbirth Checklist Implementation Guide" at: www.who.int/patientsafety.

# WHO Safe Childbirth Checklist



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#### **Just Before Pushing (Or Before Caesarean)**

Does mother need to start:  Antibiotics?  ☐ No ☐ Yes, given	Ask for allergies before administration of any medication Give antibiotics to mother if any of:  • Mother's temperature ≥38 °C  • History of foul-smelling vaginal discharge  • Rupture of membranes >18 hrs  • Caesarean section
Magnesium sulfate and antihypertensive treatment?  ☐ No ☐ Yes, magnesium sulfate given ☐ Yes, antihypertensive medication given	Give magnesium sulfate to mother if any of:  • Diastolic BP ≥110 mmHg and 3+ proteinuria  • Diastolic BP ≥90 mmHg, 2+ proteinuria, and any: severe headache, visual disturbance, epigastric pain  Give antihypertensive medication to mother if systolic BP >160 mmHg  • Goal: keep BP <150/100 mmHg
Confirm essential supplies are at bedside and prepare for delivery:  For mother  Gloves  Alcohol-based handrub or soap and clean water  Oxytocin 10 units in syringe	Prepare to care for mother immediately after birth: Confirm single baby only (not multiple birth) 1. Give oxytocin within 1 minute after birth 2. Deliver placenta 1-3 minutes after birth 3. Massage uterus after placenta is delivered 4. Confirm uterus is contracted
For baby  Clean towel  Tie or cord clamp  Sterile blade to cut cord  Suction device  Bag-and-mask	Prepare to care for baby immediately after birth:  1. Dry baby, keep warm  2. If not breathing, stimulate and clear airway  3. If still not breathing:  • clamp and cut cord  • clean airway if necessary  • ventilate with bag-and-mask  • shout for help
☐ Assistant identified and ready to help at birth	if needed.

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# WHO Safe Childbirth Checklist



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#### Soon After Birth (Within 1 Hour)

Is mother bleeding abnormally?  ☐ No ☐ Yes, shout for help	If bleeding abnormally:  • Massage uterus  • Consider more uterotonic  • Start IV fluids and keep mother warm  • Treat cause: uterine atony, retained placenta/fragments, vaginal tear, uterine rupture	
Does mother need to start:  Antibiotics?  ☐ No ☐ Yes, given	Ask for allergies before administration of any medication Give antibiotics to mother if placenta manually removed or if mother's temperature ≥38 °C and any of: • Chills • Foul-smelling vaginal discharge  If the mother has a third or fourth degree of perineal tear give antibiotics to prevent infection	
Magnesium sulfate and antihypertensive treatment?  ☐ No ☐ Yes, magnesium sulfate given ☐ Yes, antihypertensive medication given	Give magnesium sulfate to mother if any of:  • Diastolic BP ≥110 mmHg and 3+ proteinuria  • Diastolic BP ≥90 mmHg, 2+ proteinuria, and any: severe headache, visual disturbance, epigastric pain  Give antihypertensive medication to mother if systolic BP >160 mmHg  • Goal: keep BP <150/100 mmHg	
Does baby need: Referral? □ No □ Yes, organized	Check your facility's criteria.	
Antibiotics?  ☐ No ☐ Yes, given	Give baby antibiotics if antibiotics given to mother for treatment of maternal infection during childbirth or if baby has any of:  • Respiratory rate >60/min or <30/min  • Chest in-drawing, grunting, or convulsions  • Poor movement on stimulation  • Baby's temperature <35 °C (and not rising after warming) or baby's temperature ≥38 °C	
Special care and monitoring? ☐ No ☐ Yes, organized	Arrange special care/monitoring for baby if any:  • More than 1 month early  • Birth weight <2500 grams  • Needs antibiotics  • Required resuscitation	
☐ Started breastfeeding and skin-to-skin contact (if mother and baby are well).		
☐ Confirm mother / companion will call for help if danger signs present.		

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### WHO Safe Childbirth Checklist



#### Before Discharge

$\square$ Confirm stay at facility for 24 hours after del	livery.
Does mother need to start antibiotics?  ☐ No ☐ Yes, given and delay discharge	Ask for allergies before administration of any medication Give antibiotics to mother if any of:  • Mother's temperature ≥38 °C  • Foul-smelling vaginal discharge
Is mother's blood pressure normal?  No, treat and delay discharge  Yes	Give magnesium sulfate to mother if any of:  • Diastolic BP ≥110 mmHg and 3+ proteinuria  • Diastolic BP ≥90 mmHg, 2+ proteinuria, and any: severe headache, visual disturbance, epigastric pain  Give antihypertensive medication to mother if systolic BP >160 mmHg  • Goal: keep BP <150/100 mmHg
Is mother bleeding abnormally?  No Yes, treat and delay discharge	If pulse >110 beats per minute and blood pressure <90 mmHg • Start IV and keep mother warm • Treat cause (hypovolemic shock)
Does baby need to start antibiotics?  ☐ No ☐ Yes, give antibiotics, delay discharge, give special care	Give antibiotics to baby if any of:  • Respiratory rate >60/min or <30/min  • Chest in-drawing, grunting, or convulsions  • Poor movement on stimulation  • Baby's temperature <35°C (and not rising after warming) or baby's temperature ≥38°C  • Stopped breastfeeding well  • Umbilicus redness extending to skin or draining pus
Is baby feeding well?  No, establish good breastfeeding practices as Yes	nd delay discharge
☐ Discuss and offer family planning options to	mother.
☐ Arrange follow-up and confirm mother / com	panion will seek help if danger signs appear after discharge.
Danger Signs	
<ul><li>Mother has any of:</li><li>Bleeding</li><li>Severe abdominal pain</li></ul>	<ul><li>Baby has any of:</li><li>Fast/difficult breathing</li><li>Fever</li></ul>

- Severe headache or visual disturbance
- Breathing difficulty
- Fever or chills
- Difficulty emptying bladder
- Epigastric pain

- Unusually cold
- Stops feeding well
- Less activity than normal
- Whole body becomes yellow

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