



# Infection Control Management Project

## **Volume 9: Guidelines for Patients, their Attendants & Visitors to Control Infections**

(These will be posters)

Prepared by AAA Team

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## TEXT FOR POSTER 1

### All Patients (OPD/Admitted) and their attendants **MUST**

1. Check that the bench is clean and not soiled or dirty before they sit on it.
2. Make sure that clean bed sheet is laid for them
3. Make certain that mattress is not wet or soiled with any fluid, secretion, excretion or blood
4. Ask for hospital dress for the admitted patient
5. Ask the doctor, nurse, other staff if they have washed hands with soap or used handrub before touching them
6. Not put thermometer in their mouth unless it has been washed with soap and water
7. Ensure that injections are given only through a new disposable syringe
8. Ensure that new disposable suction catheter, oxygen mask and nebulizer mask are used for them/their patient
9. Not allow bottlefeeding for newborns unless advised by the obstetrician
10. Not spit here and there (*niswar, pan, thook*).
11. Not bring in their food and fruit without permission of the nursing staff.
12. Not do littering all around and throw garbage/waste only in the designated bins.
13. Mop and clean the toilet after use.
14. Use wash basin carefully and not spill the water all around it

## TEXT FOR POSTER 2

### All Visitors **MUST**

1. Come only during visiting hours
2. Not visit an admitted patient if they have cold, cough, fever, open wounds, etc.
3. Not bring children under age 12 to the hospital
4. Not sit on the patient's bed
5. Not pick up the newborn for kissing or hugging
6. Avoid crowding in wards or nursery
7. Not insist on seeing the baby in the NICU